

2024

30 DAYS

of Fasting and Prayer Guide for
the **NYAC SALT Conference**

OCTOBER 1 - 31, 2024

Dr. MeMe Brown
Founder & Visionary

www.notyouraverageconference.org

The number '30' is rendered in a light blue, stylized font. The '3' is composed of two loops, each containing a small floral or leaf-like pattern. The '0' is a large circle containing a vertical stem with several leaves and small circular accents.

Days of

Fast

NYAC FAST N' PRAY

incorporating specific prayers and scripture references for each day. This guide can help participants focus their prayers on various aspects of the *conference, speakers, attendees,* and **God's will for the event.**

Dr. MeMe Brown

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INTRODUCTION

The **NYAC SALT Conference** is a pivotal moment for spiritual growth, leadership development, and kingdom advancement. To prepare hearts and minds, **fasting** and **prayer** serve as a powerful foundation to invite God's guidance, presence, and transformative power into the event. Through fasting, we humble ourselves before God, seeking His direction, wisdom, and blessings for the conference, while prayer is our active communication with God, interceding for every aspect of the conference.

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FAST & PRAY

Oct. 1 - 31

FROM 6AM - 6PM

DO NOT EAT FAST FOOD.

DO NOT EAT FRIED FOODS.

DO NOT EAT AIR FRIED FOOD.

DO NOT EAT SWEETS.

DO NOT DRINK SODAS.

DO NOT EAT ANYTHING WHITE:
BREAD, RICE, PASTA, MILK

FAST INSTRUCTIONS

Starting, **October 1 - October 31**, you will need to do the following:
Each day, we will provide a specific prayer focus along with relevant scripture, references to guide your prayers.

NO EATING ANYTHING AFTER 6PM
(whatever time zone you live in)

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DAY 1: BEING THE SALT OF THE EARTH

Scripture: **Matthew 5:13 NIV**

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.”

PRAYER

Lord, help us to be the salt of the earth. May our lives reflect Your righteousness and bring flavor to the world, preserving truth and love in all we do.

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DAY 1 FOCUS:

Reflecting on how we can maintain our spiritual influence in the world.

DAY 1 REFLECTION:

1. How can I be a source of encouragement and hope to those around me?
2. In what ways have I allowed my "saltiness" to lose its flavor, and how can I restore it?
3. What practical steps can I take to live out my faith boldly and purposefully?

ACTION PLAN

Identify one area in your life where you can add "flavor" by sharing the love and truth of Christ. Pray for strength to be a positive influence.

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DAY 2: PRESERVING THE TRUTH

Scripture: **John 17:17 NIV**

“Sanctify them by the truth; your
word is truth.”

PRAYER

Father, let Your Word be the foundation of this conference. Preserve us in Your truth as we plan, prepare, and engage in every part of the NYAC SALT Conference.

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DAY 2 FOCUS:

Embracing and defending the truth of
God's Word.

DAY 2 REFLECTION:

1. What does it mean to sanctify myself through God's truth?
2. How can I apply the truth of God's Word to the challenges I face today?
3. What areas of my life need more alignment with the truth of scripture?

ACTION PLAN

Read a chapter of the Bible that speaks to an area you're struggling with. Write down a verse that stands out and meditate on it throughout the day.

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DAY 2 NOTES:

A series of horizontal lines for writing, with a larger white rectangular area at the bottom for additional notes.

DAY 3: DIVINE DIRECTION

Scripture: **Proverbs 3:5-6 NIV**

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.”

PRAYER

Lord, we place our trust in You as we prepare for the NYAC SALT Conference. Guide us in every detail and align our plans with Your will. Let us lean on Your wisdom and not our own understanding. In Jesus' name, Amen.

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DAY 3 FOCUS:

Trusting God's direction and surrendering personal plans.

DAY 3 REFLECTION:

1. Where in my life do I struggle to trust God's guidance?
2. What would it look like to fully submit my decisions to the Lord?
3. How have I experienced God's guidance in the past, and what can I learn from it?

ACTION PLAN

Take time to journal any current decisions or concerns, then pray and ask God for direction, committing to trust His plan.

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DAY 3 NOTES:

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DAY 4: STRENGTH FOR THE ORGANIZERS

Scripture: **Isaiah 40:31 NIV**

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

PRAYER

Father, renew the strength of every organizer and volunteer involved in this conference. Let them soar above every challenge and serve with endurance. In Jesus' name, Amen.

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DAY 4 FOCUS:

Renewed strength for leaders and organizers of the conference.

DAY 4 REFLECTION:

1. How can I support the conference organizers in prayer and encouragement?
2. What spiritual practices can I incorporate to strengthen myself and others?
3. In what ways do I need God's strength to continue in my personal journey?

ACTION PLAN

Write a note or send a message to encourage one of the organizers. Pray specifically for their strength and endurance.

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DAY 4 NOTES:

A set of horizontal lines for taking notes. The lines are arranged in two main sections. The top section contains 15 lines, with the first 10 being solid black lines and the remaining 5 being dashed black lines. The bottom section contains 10 solid black lines. The page is decorated with teal and grey diagonal accents in the corners.

DAY 5: UNITY AMONG ATTENDEES

Scripture: **Ephesians 4:3 NIV**

“Make every effort to keep the unity of the Spirit through the bond of peace.”

PRAYER

Lord, we pray for unity among all attendees. Let us be of one heart and mind, seeking to build up each other in love. May Your peace reign over every interaction. In Jesus' name, Amen.

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DAY 5 FOCUS:

Promoting unity and harmony among all participants.

DAY 5 REFLECTION:

1. How can I contribute to the spirit of unity at the conference?
2. What are some barriers to unity that I need to overcome?
3. How can I show grace and love to others, even in disagreements?

ACTION PLAN

Reach out to someone you don't know well and introduce yourself. Pray for unity and understanding between all attendees.

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DAY 5 NOTES:

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DAY 6: ANOINTING ON THE SPEAKERS

Scripture: **Isaiah 61:1 NIV**

“The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor.”

PRAYER

Father, anoint every speaker at the conference with Your Holy Spirit. Let them proclaim Your Word boldly, bringing encouragement and transformation to every listener. In Jesus' name, Amen.

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DAY 6 FOCUS:

Praying for the speakers to have divine inspiration and power.

DAY 6 REFLECTION:

1. How can I prepare my heart to receive the message from each speaker?
2. What expectations do I have for the speakers and how can I support them?
3. How can I pray more effectively for the anointing and message delivery?

ACTION PLAN

Write down a prayer for each speaker by name and pray for their preparation and anointing.

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DAY 7: A HEART OF WORSHIP

Scripture: **John 4:24 NIV**

“God is spirit, and His worshipers must worship in the Spirit and in truth.”

PRAYER

Lord, prepare our hearts for true worship. May every moment of worship at the conference be filled with Your presence. Let our hearts and voices lift up praises that glorify You. In Jesus' name, Amen.

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DAY 7 FOCUS:

Cultivating a deeper heart of worship and devotion.

DAY 7 REFLECTION:

1. What does it mean to worship God in spirit and truth?
2. How can I make worship a daily lifestyle rather than a Sunday activity?
3. What distracts me from experiencing true worship?

ACTION PLAN

Spend 15 minutes in uninterrupted worship today. Sing a song, read a Psalm, or simply express gratitude to God.

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DAY 7 NOTES:

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DAY 8: SPIRITUAL AWAKENING

Scripture: **Romans 13:11 NIV**

“And do this, understanding the present time: The hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed.”

PRAYER

Lord, awaken us from spiritual slumber. Stir a revival in our hearts that draws us closer to You. Let this conference ignite a passion for Your kingdom. In Jesus' name, Amen.

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DAY 8 FOCUS:

Awakening to God's presence and purpose in your life.

DAY 8 REFLECTION:

1. What areas of my spiritual life need to be awakened or revived?
2. How can I be more alert to God's voice and movements?
3. What spiritual disciplines can I adopt to remain spiritually awake?

ACTION PLAN

Fast one meal today as an act of waking up your spirit to more attentiveness to God.

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DAY 8 NOTES:

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DAY 9: BREAKING STRONGHOLDS

Scripture: **2 Corinthians 10:4 NIV**

“The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.”

PRAYER

Father, break every stronghold that has a grip on Your people. Set us free from fear, doubt, and any chains that bind us. Release us into the fullness of Your purpose. In Jesus' name, Amen.

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DAY 9 FOCUS:

Using spiritual weapons to demolish strongholds in our lives.

DAY 9 REFLECTION:

1. What strongholds are holding me back from experiencing freedom in Christ?
2. How can I better utilize prayer and scripture as weapons of warfare?
3. What practical steps can I take to walk in freedom?

ACTION PLAN

Identify one area of struggle, find a scripture related to it, and declare that verse daily until you see breakthrough.

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DAY 9 NOTES:

Lined writing area for Day 9 notes, featuring a white background with horizontal black lines. A large teal triangle is visible in the top-left corner, and a smaller teal triangle is in the bottom-right corner.

DAY 10: PROTECTION OVER THE CONFERENCE

Scripture: Psalm 91:2 NIV

“I will say of the Lord, 'He is my
refuge and my fortress, my God, in
whom I trust.’”

PRAYER

Lord, we declare Your protection over every aspect of this conference. Surround us with Your divine shield. Keep us safe from any harm or attack. In Jesus' name, Amen.

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DAY 10 FOCUS:

Praying for physical, spiritual, and emotional protection.

DAY 10 REFLECTION:

1. What potential threats (physical, emotional, spiritual) could disrupt the conference?
2. How can I pray for protection in a more intentional way?
3. How have I seen God's protection in my life, and how can I give thanks for it?

ACTION PLAN

Walk around the venue or location and pray for God's protection over each room and person.

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DAY 11: HEARTS TO RECEIVE GOD'S WORD

Scripture: **Hebrews 4:12 NIV**

“For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow.”

PRAYER

Father, prepare every heart to receive Your Word with openness and humility. Let Your Word transform our minds, souls, and spirits as we encounter You. In Jesus' name, Amen.

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DAY 11 FOCUS:

Pray that all participants will have open hearts and minds to receive and respond to God's Word during the conference.

DAY 11 REFLECTION:

1. In what areas of my life do I need the transformative power of God's Word?
2. How can I prepare my heart to be more receptive to God's teachings?
3. What distractions or doubts do I need to surrender to be fully open to God's truth?

ACTION PLAN

Spend 15 minutes reading the Bible and choose a passage that speaks to you. Write down what the scripture reveals to you and how you can apply it.

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DAY 11 NOTES:

A large white rectangular area containing multiple horizontal lines for writing notes, set against a light gray background with teal geometric accents. The lines are evenly spaced and extend across the width of the page, providing a structured space for text entry.

DAY 12: FINANCIAL PROVISION

Scripture: **Philippians 4:19 NIV**

“And my God will meet all your needs according to the riches of His glory in Christ Jesus.”

PRAYER

Lord, we pray for every financial need of this conference. Provide abundantly for every expense, and bless those who give to support this vision. In Jesus' name, Amen.

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DAY 12 FOCUS:

Seek God's provision and blessings for the financial needs of the conference, organizers, and participants.

DAY 12 REFLECTION:

1. How has God provided for me in times of need?
2. Are there any areas where I am struggling to trust God's provision?
3. How can I use my resources to contribute to the needs of others?

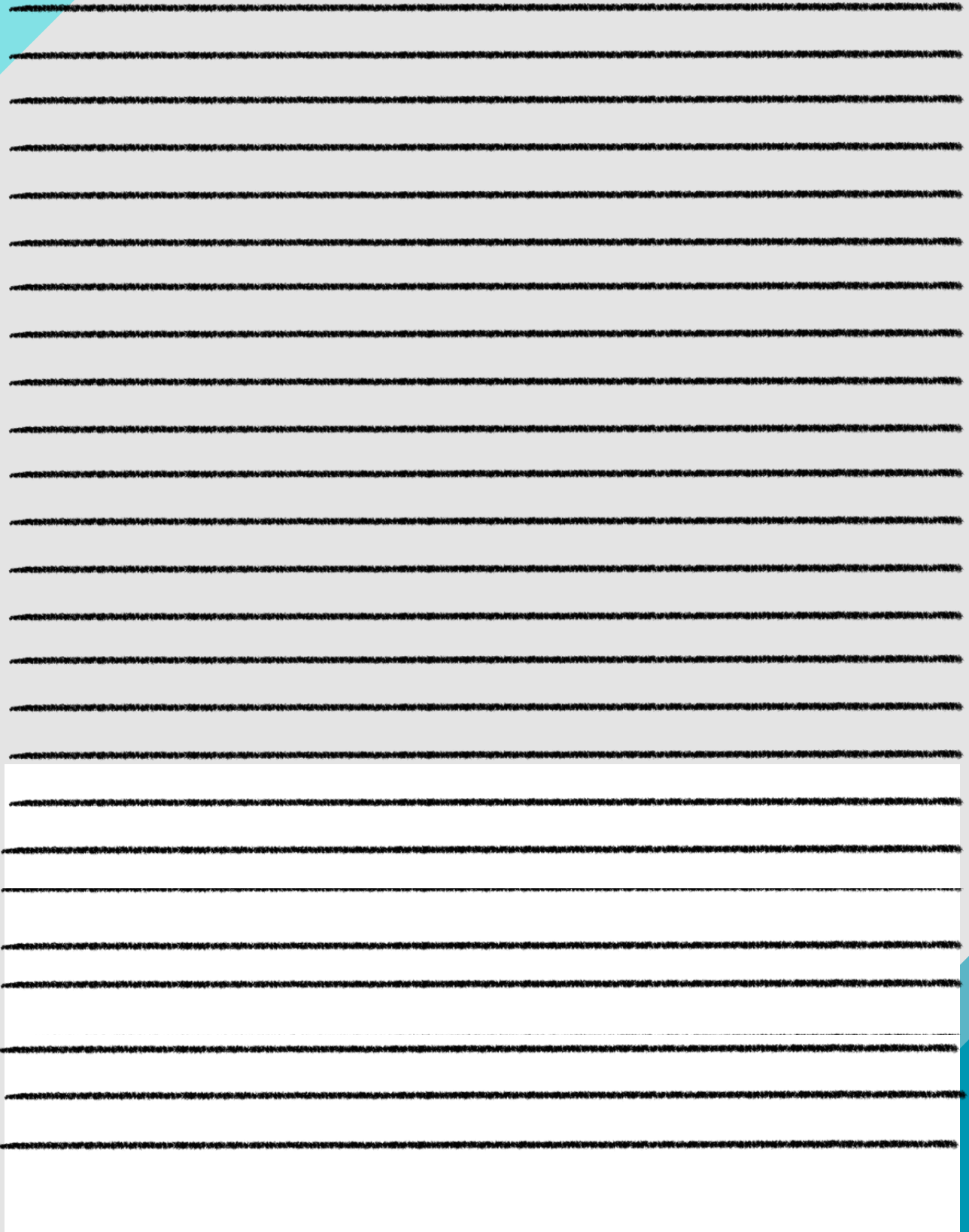
ACTION PLAN

Set aside a specific amount of money to contribute to the conference or to bless someone else in need.

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DAY 12 NOTES:

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A notebook page with horizontal lines. The top-left corner is a teal triangle. The bottom-right corner is a teal triangle. A large white rectangular block is centered on the page, spanning most of its width and height, and is completely blank. The rest of the page is filled with horizontal lines.

DAY 13: REVIVAL OF FAITH

Scripture: **2 Timothy 1:6 NIV**

“For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands.”

PRAYER

Lord, we pray for revival in our faith. Fan into flame the gifts You have placed within us, so that we may boldly live out Your call. In Jesus' name, Amen.

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DAY 13 FOCUS:

Pray for a rekindling of faith among attendees and for a deepened relationship with God.

DAY 13 REFLECTION:

1. What areas of my faith have become dormant or stagnant?
2. How can I actively “fan into flame” the gifts that God has placed in me?
3. What steps can I take to support others in reviving their faith?

ACTION PLAN

Identify one area in your spiritual life that needs revival. Dedicate time to pray and read scriptures related to that area.

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DAY 14: PRAYERS FOR HEALING

Scripture: **Jeremiah 17:14 NIV**

“Heal me, Lord, and I will be healed;
save me and I will be saved, for You
are the one I praise.”

PRAYER

Father, we lift up all those who are in need of healing. Whether physical, emotional, or spiritual, we ask that Your healing power touch their lives. Let this conference be a place of restoration. In Jesus' name, Amen.

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DAY 14 FOCUS:

Pray for physical, emotional, and spiritual healing for all attendees, their families, and communities.

DAY 14 REFLECTION:

1. Is there an area in my life where I need God's healing touch?
2. How has God healed me in the past, and how can I testify to His healing power?
3. How can I pray for healing for others during this season?

ACTION PLAN

Write down any areas of your life or in the lives of loved ones that need healing. Pray specifically for each one.

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DAY 14 NOTES:

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DAY 15: FAVOR FOR THE CONFERENCE

Scripture: **Psalm 5:12 NIV**

“Surely, Lord, You bless the
righteous; You surround them with
Your favor as with a shield.”

PRAYER

Lord, we ask for Your divine favor over the conference. Let everything we plan prosper under Your blessing. Surround us with grace and success in every effort. In Jesus' name, Amen.

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DAY 15 FOCUS:

Pray for God's favor upon every aspect of the conference, from logistics to each participant's experience.

DAY 15 REFLECTION:

1. In what ways have I experienced God's favor in my own life?
2. How can I seek God's favor with humility and gratitude?
3. What steps can I take to ensure I am living a life that attracts God's favor?

ACTION PLAN

Spend 15 minutes in uninterrupted worship today. Sing a song, read a Psalm, or simply express gratitude to God.

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DAY 16: WISDOM FOR ORGANIZERS

Scripture: **Ephesians 4:3 NIV**

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

PRAYER

Lord, we pray for unity among all attendees. Let us be of one heart and mind, seeking to build up each other in love. May Your peace reign over every interaction. In Jesus' name, Amen.

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DAY 16 FOCUS:

Seek God's wisdom for all who are involved in organizing and leading the conference.

DAY 16 REFLECTION:

1. How can I pray for the conference organizers and leaders?
2. What does Godly wisdom look like in times of decision-making and planning?
3. How can I be a source of support and encouragement for the organizers?

ACTION PLAN

Take time to encourage an organizer through a message, email, or card.

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DAY 16 NOTES:

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DAY 17: FOR SPIRITUAL DISCERNMENT

Scripture: **Philippians 1:9-10 NIV**

“And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ.”

PRAYER

Lord, we ask for spiritual discernment. Help us to distinguish Your voice from all others. Guide us in making decisions that honor You and align with Your will for the conference. In Jesus' name, Amen.

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DAY 17 FOCUS:

Pray for an increase in discernment and spiritual insight, enabling attendees to differentiate between God's truth and distractions.

DAY 17 REFLECTION:

1. What areas of my life require more discernment and spiritual insight?
2. How can I grow in knowledge and understanding of God's Word to sharpen my discernment?
3. Are there decisions I am currently facing where I need God's guidance?

ACTION PLAN

Write down three key decisions or situations you are facing. Pray specifically for wisdom and insight for each one.

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DAY 18: HUMILITY AND SERVANTHOOD

Scripture: **Philippians 2:3 NIV**

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.”

PRAYER

Father, teach us to serve others with humility. As we prepare for the conference, may we put the needs of others before our own and serve with a Christ-like heart. In Jesus' name, Amen.

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DAY 18 FOCUS:

Seek to develop a spirit of humility and servanthood, reflecting Christ's character in all interactions.

DAY 18 REFLECTION:

1. In what ways can I cultivate humility in my daily life?
2. Are there areas where pride or self-interest might be hindering my service to others?
3. How can I practice putting others' needs before my own?

ACTION PLAN

Reflect on a recent situation where pride influenced your actions. Repent and ask God to help you approach similar situations with humility.

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DAY 19: PRAYERS FOR BREAKTHROUGH

Scripture: **Micah 2:13 NIV**

“The One who breaks open the way
will go up before them; they will
break through the gate and go out.”

PRAYER

Lord, we pray for breakthroughs during the conference. Break every barrier, open new doors, and lead Your people into the freedom You've promised. Let us experience breakthroughs in every area of our lives. In Jesus' name, Amen.

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DAY 19 FOCUS:

Pray for breakthroughs in areas of bondage, obstacles, or setbacks for yourself and others attending the conference.

DAY 19 REFLECTION:

1. What areas in my life are in need of a breakthrough?
2. What hindrances or strongholds have I struggled with that I need God to break through?
3. How can I pray for breakthrough in the lives of those around me?

ACTION PLAN

Write a declaration of faith over this area, speaking God's promises and truth over the situation.

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DAY 20: CLARITY OF VISION

Scripture: **Habakkuk 2:2 NIV**

“Then the Lord replied: 'Write down the revelation and make it plain on tablets so that a herald may run with it.’”

PRAYER

Father, we seek clarity of vision for the purpose of this conference. Let Your vision be made clear to every attendee, speaker, and leader. Give us direction for the future. In Jesus' name, Amen.

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DAY 20 FOCUS:

Pray for clarity of vision for the conference organizers, speakers, and participants, ensuring alignment with God's purpose.

DAY 20 REFLECTION:

1. What vision has God placed on my heart, and how can I make it clear?
2. How can I discern if my vision aligns with God's will?
3. What steps can I take to implement the vision God has given me?

ACTION PLAN

Create a simple action plan for achieving this vision, listing one or two steps you can take this week.

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DAY 21: SURRENDERING TO GOD'S WILL

Scripture: **Matthew 6:10 NIV**

“Your kingdom come, Your will be done, on earth as it is in heaven.”

PRAYER

Lord, we surrender our will to Yours. Let everything done in preparation for and during the conference align with Your heavenly will. May Your kingdom come and Your will be done through us. In Jesus' name, Amen.

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DAY 21 FOCUS:

Pray for the grace and courage to fully surrender to God's will, laying down personal agendas and desires.

DAY 21 REFLECTION:

1. Are there areas of my life I have not fully surrendered to God?
2. What is holding me back from completely trusting God's will for my life?
3. How can I practically live out a surrendered life daily?

ACTION PLAN

Spend 15 minutes in uninterrupted worship today. Sing a song, read a Psalm, or simply express gratitude to God.

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DAY 22: PROTECTION FROM THE ENEMY

Scripture: **Psalm 121:7-8 NIV**

“The Lord will keep you from all harm—He will watch over your life; the Lord will watch over your coming and going both now and forevermore.”

PRAYER

Father, we ask for Your protection from the enemy's schemes. Shield us from harm and protect our minds, hearts, and spirits. Guard everyone attending and serving at the conference. In Jesus' name, Amen.

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DAY 22 FOCUS:

Pray for protection against any spiritual attacks or distractions that may come against the conference or its attendees.

DAY 22 REFLECTION:

1. What areas of my life are most susceptible to the enemy's attacks?
2. How can I stand firm in my faith and resist the enemy's schemes?
3. What scriptures can I declare over myself and others for protection?

ACTION PLAN

Pray for a hedge of protection around all those attending the conference, covering them in God's armor.

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DAY 22 NOTES:

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DAY 23: BOLDNESS TO SPEAK TRUTH

Scripture: **2 Timothy 1:7 NIV**

“For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.”

PRAYER

Lord, give us boldness to speak truth in love. Empower every speaker and participant to proclaim Your Word fearlessly. Let the truth of the Gospel be heard and received. In Jesus' name, Amen.

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DAY 23 FOCUS:

Pray for boldness to proclaim God's truth with confidence, love, and wisdom. Ask the Holy Spirit to empower you to speak truth in challenging situations without fear or hesitation.

DAY 23 REFLECTION:

1. In what areas of my life have I struggled to speak God's truth with boldness?
2. How can I better rely on the Holy Spirit for strength and guidance when faced with opposition?
3. What steps can I take to cultivate a spirit of love and self-discipline when sharing God's truth?

ACTION PLAN

Challenge yourself to take one bold action this week, such as sharing your testimony, offering prayer to someone in need, or standing up for biblical values in a conversation. Reflect on the experience and how it strengthened your faith and boldness.

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DAY 23 NOTES:

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DAY 24: SPIRITUAL GIFTS TO BE STIRRED

Scripture: **1 Corinthians 12:4-6 NIV**

“There are different kinds of gifts,
but the same Spirit distributes
them. There are different kinds of
service, but the same Lord.”

PRAYER

Father, stir up spiritual gifts in Your people. Let the gifts of the Holy Spirit be evident and active at the conference. Use us to serve, teach, and minister to others according to the gifts You've given. In Jesus' name, Amen.

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DAY 24 FOCUS:

Pray for the stirring and activation of spiritual gifts within yourself and others. Seek God's guidance in understanding and using your unique gifts for His glory. Ask for a fresh outpouring of the Holy Spirit to empower the body of Christ to serve with excellence and unity.

DAY 24 REFLECTION:

1. What are the spiritual gifts I believe God has given me? How am I currently using them to serve others?
2. Are there spiritual gifts that I am curious about or feel a desire to grow in? What steps can I take to develop these gifts?
3. How can I encourage others in the body of Christ to recognize and use their spiritual gifts?

ACTION PLAN

Make a list of your identified gifts. Seek specific ways to activate and use each gift.

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DAY 25: A HEART OF GRATITUDE

Scripture: **1 Thessalonians 5:18 NIV**

“Give thanks in all circumstances;
for this is God’s will for you in
Christ Jesus.”

PRAYER

Lord, we come with hearts full of gratitude. Thank You for the opportunity to gather at this conference. Help us to give thanks in every circumstance and recognize Your hand in all things. In Jesus’ name, Amen.

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DAY 25 FOCUS:

Cultivate a spirit of gratitude that extends beyond favorable conditions and experiences. Pray for a heart that can recognize God's goodness, provision, and faithfulness in every season—whether in times of abundance or in the midst of challenges. Gratitude helps us maintain a proper perspective and draws us closer to God's presence, allowing us to see His hand in all things.

DAY 25 REFLECTION:

1. What are some recent circumstances where I found it difficult to be thankful? What can I learn from these experiences?
2. What are three things I am grateful for today? How can I express my thanks to God and others?
3. How can I develop a habit of gratitude, even when things are not going the way I expect?

ACTION PLAN

Begin or continue a daily practice of writing down three things you are grateful for each day. This could be moments where you saw God's favor, people who blessed you, or even challenges that taught you something valuable. Make it a habit to reflect and pray over these entries regularly.

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DAY 26: RENEWAL AND REFRESHING

Scripture: **Isaiah 40:29 NIV**

“He gives strength to the weary and increases the power of the weak.”

PRAYER

Father, we pray for renewal and refreshing for everyone involved in the conference. Pour out Your strength on the weary and refresh every heart that is seeking You. In Jesus' name, Amen.

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DAY 26 FOCUS:

Today's focus is on seeking God for renewal and refreshing in every area of life—physical, mental, emotional, and spiritual. Whether facing seasons of weariness, burnout, or spiritual dryness, God's promise is to provide new strength and rejuvenation.

DAY 26 REFLECTION:

1. In what areas of my life do I feel the most weary or depleted right now?
2. How can I prioritize rest and renewal without feeling guilty or neglecting my responsibilities?
3. What practical steps can I take to ensure I am nurturing my relationship with God daily?

ACTION PLAN

Designate specific times to disconnect from technology and social media, allowing yourself to be fully present with God. Use this time to engage in soul-nourishing activities, like reading an inspiring book, listening to worship music, or simply being in silence and solitude.

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DAY 27: WISDOM FOR LEADERS

Scripture: **Proverbs 2:6 NIV**

“For the Lord gives wisdom; from His mouth come knowledge and understanding.”

PRAYER

Lord, give wisdom to every leader guiding this conference. Let their decisions reflect Your knowledge and understanding. May their leadership inspire and guide others toward Your truth. In Jesus' name, Amen.

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DAY 27 FOCUS:

Today's focus is on praying for wisdom for leaders at all levels—within the church, the community, workplaces, and homes.

DAY 27 REFLECTION:

1. How can I actively support and encourage the leaders in my life?
2. What specific areas of wisdom do I need to ask God for in my own leadership roles?
3. Am I receptive to the wisdom and advice that God provides through His Word and others?

ACTION PLAN

If you or a leader you know is facing a particularly challenging decision, dedicate time during this day to fast and pray specifically for clarity and wisdom.

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DAY 27 NOTES:

DAY 28: PRAYERS FOR PEACE

Scripture: **Philippians 4:6-7 NIV**

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

PRAYER

Lord, we ask for peace over every aspect of the conference. Guard our hearts and minds from anxiety and worry. Let Your peace rule over us. In Jesus' name, Amen.

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DAY 28 FOCUS:

Today's focus is on praying for peace. This includes personal peace in the midst of turmoil, peace within relationships, and peace that flows from a deep trust in God.

DAY 28 REFLECTION:

1. What areas of my life are currently filled with anxiety or unrest?
2. How can I practice gratitude even in the midst of challenging situations?
3. What steps can I take to create an atmosphere of peace around me?

ACTION PLAN

When anxiety or worry arises, take a moment to pause and consciously release those thoughts to God. Practice deep breathing or recite a calming scripture like Psalm 23:1-3 or John 14:27. Ask God to help you surrender each anxious thought and replace it with His peace.

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DAY 29: THANK GOD FOR HIS FAITHFULNESS

Scripture: **Lamentations 3:22-23 NIV**

“Because of the Lord’s great love we are not consumed, for His compassions never fail. They are new every morning; great is Your faithfulness.”

PRAYER

Lord, we thank You for Your faithfulness. You have been with us every step of the way in preparing for this conference. We give You all the praise for what You have done and will do. In Jesus' name, Amen.

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DAY 29 FOCUS:

Today's focus is on gratitude and thanksgiving for God's faithfulness. Reflect on God's enduring love, mercies, and compassion that are renewed every day.

DAY 29 REFLECTION:

1. When has God shown His faithfulness to me in times of difficulty or uncertainty?
2. How does God's faithfulness encourage me to trust Him for future situations?
3. What can I do today to show my gratitude to God for His ongoing faithfulness?

ACTION PLAN

Go for a prayer walk around your neighborhood or a local park. As you walk, thank God for His faithfulness in your life and lift up prayers of gratitude for what He has done and will continue to do.

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DAY 30: WALK IN GOD'S PURPOSE

Scripture: **Ephesians 2:10 NIV**

“For we are God’s handiwork,
created in Christ Jesus to do good
works, which God prepared in
advance for us to do.”

PRAYER

Lord, as we come to the final day of fasting and prayer, we ask for empowerment to walk in the purpose You have for us. Equip us for every good work You have prepared for us. Let us go forth from this conference renewed and ready to serve Your kingdom. In Jesus' name, Amen.

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DAY 30 FOCUS:

Today's focus is on seeking clarity and strength to walk in God's purpose for your life. Reflect on the unique gifts, talents, and opportunities God has given you and how you can use them to fulfill the good works He has prepared for you.

DAY 30 REFLECTION:

1. What gifts and talents has God given me to serve others and glorify Him?
2. Am I currently living in alignment with God's purpose for my life? If not, what needs to change?
3. What fears or doubts are holding me back from fully embracing God's purpose?

ACTION PLAN

Identify one practical step you can take today to walk in God's purpose. This could be serving in a ministry, pursuing a passion project, volunteering, or developing a skill. Start small and trust God to lead you as you step out in faith.

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DAY 31: PRAYERS FOR SALVATION

Scripture: **Romans 10:9 NIV**

“If you declare with your mouth,
'Jesus is Lord,' and believe in your
heart that God raised Him from the
dead, you will be saved.”

PRAYER

Lord, we pray for those who do not know You. Let this conference be a place where many come to the saving knowledge of Jesus Christ. Let salvation flow freely. In Jesus' name, Amen.

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DAY 31 FOCUS:

The focus for today is on praying for the salvation of souls *specifically* this weekend at NYAC. Salvation is the greatest gift that God has given to humanity through Jesus Christ.

DAY 31 REFLECTION:

1. Who in my life is in need of salvation, and how can I intercede for them today?
2. How can I be a witness of God's love and truth in my daily interactions?
3. Am I fully confident in my own salvation, and do I live each day with the assurance of God's promise?

ACTION PLAN

Write down the names of individuals in your life who are in need of salvation. Commit to praying for them daily, asking God to work in their hearts, reveal Himself to them, and provide opportunities for them to hear and accept the gospel.

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DAY 31 NOTES:

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